RECOMMENDED FILM

Courses:	3rd and 4th year primary
Skill:	OPTIMISM
Title:	Kung Fu Panda
Month:	January

Character Programme for the development of habits and strengths

FILM INFO

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<u>Film title:</u> Kung Fu Panda <u>Director:</u> Mark Osborne <u>Year</u> 2008 <u>Duration</u>: 88 minutes <u>Production</u>: USA <u>Genre</u>: Family, Cartoon, Adventure, Fantasy <u>Music</u>: Hans Zimmer

Streaming services where available:





SYNOPSIS

Po is a panda who is mad about Kung Fu, and who, despite being the laziest animal in the Valley of Peace, will be the only one who can save everyone from the evil Tai Lung, a former disciple of the Master Shifu. However, to become a Kung Fu warrior, Po has to pass his master's tough tests in the company of his five companions, and prove that he is the chosen one.

QUOTES FROM THE FILM

Who said things like this and when?

"Yesterday is history, tomorrow is a mystery and today is a gift; that is why it's called the present."

"It may be that your story does not have such a happy beginning, but that is not what makes you who you are, but that which comes after."

"Your mind is like this water, my friend. When stir it up, it is difficult to see, but if you leave it to calm, you will discover you're answer."

"You are the master of your own destiny, nobody can interfere with you and your destiny except you. Take your destiny by the horns and have fun!"

QUESTIONS FOR YOUR FILM GROUP

- 1. You could talk as a family about Po's decision to follow his dream and take up martial arts in Kung Fu Panda. Was it the right decision?
- 2. What makes Po different from the other heroes in the film? What do they learn from him? How do they show how to work as a team?



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- 3. What is it that makes it easy for Po to teach young viewers? What makes him into a great kung fu warrior?
- 4. How do the characters in Kung Fu Panda demonstrate perseverance, self-control and integrity? Why are these character strengths important?